



# APPLICATION 500 Hour Level Purna Yoga Teacher Training

**2017-2018 Course: November 5-17, 2017, May 2018, November 2018**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

Phone Numbers - Main \_\_\_\_\_ Alternate \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_\_

Occupation \_\_\_\_\_ Website? \_\_\_\_\_

How did you hear about Purna Yoga College? \_\_\_\_\_

200 Hour Yoga Teacher Training: School, Date, Location: \_\_\_\_\_

Are you registered with Yoga Alliance? If so, at what level? \_\_\_\_\_

IMPORTANT NOTE: *This course provides the additional 300 hours of training required to register with Yoga Alliance at the 500 hour level, provided you have a certificate of completion from a 200 hour Registered Yoga School (RYS). If your 200 hour training was through a Yoga Alliance Registered Yoga School, you WILL BE ABLE to register with Yoga Alliance at the 500 hour level upon completing this course. If you have not fulfilled the 200 hour prerequisite, you will not be able to register at the 500 hour level, nor at the 200 hour level after completing this course.*

*The following information is requested for State Vocational School Data Reporting only (no bearing on admissions):*

**Highest Level of Education Completed:**

- GED                       High School Graduate                       Some post high school (no degree/certificate)
- Certificate (less than two years)                       Associate Degree                       Bachelor's Degree
- Master's Degree                       Doctoral Degree or above                       Other

**Race/Ethnicity:**

- Not Hispanic                       Hispanic (*Defined as a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish culture or origin, regardless of race*)
- Black/African American                       White/Caucasian                       Hawaiian Native or other Pacific Islander
- American Indian/Alaska Native                       Multi-racial                       Asian                       Other

**Gender Identification:**  Male                       Female

**Disability:** (*Defined as a physical or mental impairment which substantially limits one or more major life activities, such as seeing, hearing, speaking, walking, learning, working, etc.*)                       Yes                       No

**Are you a Veteran?**                       Yes                       No

*Please answer the following questions in a separate document. You may submit your responses in the body of an email or as a Word document attachment (2 pages max).*

1. How would you rate your overall health?
2. What styles of yoga and meditation have you done and for how long? Have you taken courses in Purna Yoga?
3. Briefly describe your current asana, pranayama, and meditation practice. Include your current challenges and breakthroughs.
4. Why do you wish to learn to teach Purna Yoga? Are currently teaching? If so, describe your teaching style.
5. Please listen to one of the following radio recordings with Aadil and Savitri, and write a short paragraph (3-5 sentences) about what this show helps you understand about yourself. Select from:
  - a. *Food Creates Life* <http://www.thedrpatshow.com/shows/ap-120522-savitri.mp3>
  - b. *Color of Joy, II* <http://www.thedrpatshow.com/shows/ap-120326-savitri.mp3>
  - c. *Come Alive and Shine* <http://www.thedrpatshow.com/shows/ap-120403-savitri.mp3>
  - d. *Feelings and Conscience, II* <http://www.thedrpatshow.com/shows/ap-110613-savitri.mp3>(Links to the recordings can also be found on purnayoga.com under “Enroll Here”)
6. If your 200 hour training was not in Purna Yoga, please complete the following questions:
  - a. Please document at least 30 hours of Purna Yoga experience, preferably teacher training. Include course name, date, location, and name of instructor(s). You must also attend the 2-day Prep Class just prior to the start of the course.
  - b. While honoring all styles of yoga, we acknowledge that there are many differences. In Purna Yoga we teach specific alignment points and actions for each of the poses. The 500 hour training builds on the 200 hour Purna Yoga Curriculum, which is included in the 500 hour manual. What steps will you take to learn the 200 hour material so you will be successful at the 500 hour level?
  - c. How do you plan to integrate the Purna Yoga curriculum into the teaching methods from your previous trainings?

### **How to Apply:**

1. Call (425) 746-7476 or go to <http://purnayoga.com/enroll-now/> to secure your space with your \$500 deposit.
2. Complete this application form. Save it to your computer and then email it as an attachment, along with your responses above, to [info@purnayoga.com](mailto:info@purnayoga.com).

### **What Happens Next?**

When we receive this form, your responses, and your deposit, we will send an email confirming that your application is complete. You might receive a phone call from your instructor to discuss your readiness for the training. If you are not eligible for the training, your deposit will be refunded in full.

Thank you!



# ENROLLMENT AGREEMENT 500 Hour Level Purna Yoga Teacher Training

**This Enrollment Agreement is between Purna Yoga College and:**

Student's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Social Security Number (optional): \_\_\_\_\_

**The school agrees to provide the following training: 500 Hour Purna Yoga Teacher Training**

**Dates:** November 5-17, 2017; May, 2018; November, 2018

### Cost

Tuition: \$ 11,850 – Purna Yoga 200 Hour Graduate Rate (enroll by August 1, 2017)  
\$ 12,600 – Priority Registration (enroll by August 1, 2017)  
\$ 14,850 – Regular Registration (enroll by October 15, 2017, if space allows)  
Textbooks: \$ 150 approx.

### Cancellations and Refund Policy

- (a) The school must refund all money paid if the applicant is not accepted. This includes instances where a starting class is cancelled by the school;
- (b) The school must refund all money paid if the applicant cancels within five business days (excluding Sundays and holidays) after the day the contract is signed or an initial payment is made, as long as the applicant has not begun training;
- (c) The school may retain an established registration fee equal to ten percent of the total tuition cost, or one hundred dollars, whichever is less, if the applicant cancels after the fifth business day after signing the contract or making an initial payment. A “registration fee” is any fee charged by a school to process student applications and establish a student records system;
- (d) If training is terminated after the student enters classes, the school may retain the registration fee established under (c) of this subsection, plus a percentage of the total tuition as described in the following table:

<u>If the student completes this much of the training:</u>	<u>The school may keep this percentage of the tuition cost:</u>
One week or up to 10%, whichever is less	10%
More than one week or 10% (whichever is less), but not more than 25%	25%
25% through 50%	50%
50% or more	No Refund

- (e) When calculating refunds, the official date of a student's termination is the last date of recorded attendance:
  - (i) When the school receives written notice of the student's intention to discontinue the training program;
  - (ii) When the student is terminated for a violation of a published school policy which provides for termination;
  - (iii) When a student, without notice, fails to attend classes for thirty calendar days.
- (f) Deposits and fees cannot be transferred to any other programs at Purna Yoga College, or Alive and Shine Center.

### Prorated Refund Policy – for Veterans

Purna Yoga College agrees that if a veteran student fails to enter the course, withdraws, or is discontinued at any time prior to completion of the course, the unused portion of paid tuition, fees, and other charges will be refunded or the debt for such tuition, fees and other charges will be cancelled on a prorated basis, as follows:

(a) Tuition and other charges: the above established refund policy will be modified for veterans to reflect a prorated refund, rounded to the nearest \$10, not to exceed more than a 10% of the prorated portion of tuition. The exact proration will be determined by the ratio of the number of days of instruction completed by the student to the number of instructional days in the course.

(b) The school will make a refund on full for the amount of any unissued books, supplies and equipment when:

The school furnishes the books, supplies and equipment

The school includes their cost in the total charge payable to the school for the course

*I have read and agree to the Refund Policy:* \_\_\_\_\_  
Initial

**Attendance Policy**

To receive your Course Completion Certificate and be eligible for Yoga Alliance registration, you must complete 100% of the classes and requirements. However, we understand that you may not be able to foresee every conflict. If you must miss a class or if you consistently arrive late or leave early, the policy is:

- If you miss up to 10%, you may still complete the program by making up missed time with your instructor to ensure that you are competent in all content of the training. Missed class time can be completed through private instruction. The amount of private instruction varies according to the specific content missed. The price range for private instruction is between \$50 for 30 minutes and \$160 for 2 hours. Private instruction make-ups must be completed within 30 days of the completion of your course.
- If you miss more than 10%, you may continue in the course, but you might not be eligible for a Course Completion Certificate. Speak with your instructors to determine if missed classes can be made up without slowing the progress of the course for yourself and the other students.

*I have read and agree to the Attendance Policy:* \_\_\_\_\_  
Initial

**Certification Requirements**

To receive a Certificate of Completion, the student must complete all tuition payments and satisfy the attendance requirements, class participation, and written homework assignments within one year of the last day of the course. Once the course is complete, any remaining tuition balance is subject to a one-time assessment of a 10% late fee and must be paid in full before the certificate expires. I understand that if I complete all course hours, homework and financial agreements, I will be awarded the 300 Hour Certificate of Completion from Purna Yoga College. I understand that completion of this training is no guarantee that I will receive the Certified Purna Yoga Instructor Certificate and become a Purna Yoga Teacher. I understand that if awarded the Certified Purna Yoga Instructor Certificate I will be obligated to fulfill annual continuing education requirements to maintain my status as a Certified Purna Yoga Instructor.

*I have read and agree to the Certification Policy:* \_\_\_\_\_  
Initial

**Intellectual Property Agreement**

All students who receive teacher training in Purna Yoga acknowledge that the content delivered in print and in lecture is the intellectual property of the copyright holders, Aadil Palkhivala and Savitri, and that students who go on to teach the copyrighted material as instructed to them by College of Purna Yoga Faculty will honor the copyright on the content and will refer to Aadil Palkhivala and Savitri as the source of the content, and will not plagiarize any copyrighted information in any way in any medium.

*I have read and agree to the Intellectual Property Agreement:* \_\_\_\_\_  
Initial

### Photography and Video Release

I hereby consent without further consideration or compensation that all photographs and video taping taken of me by any photographer or videographer at Alive and Shine Center and/or Purna Yoga College may be used by Alive and Shine Center and/or Purna Yoga College for promotion on the websites affiliated with these businesses, in any other published materials, and at other Alive and Shine Center and/or Purna Yoga College functions for promotional purposes. I understand that Alive and Shine Center and Purna Yoga College remain the sole owner of such photographs and video recordings.

*I have read and agree to the Photo and Video Release:* \_\_\_\_\_  
Initial

### Agreement is Binding

This agreement will be binding only when it has been fully completed, signed, and dated by the student and an authorized representative of the school prior to the time instruction begins.

### Changes in the Agreement

Any changes in the agreement will not be binding on either the student or the school unless such changes are acknowledged in writing by an authorized representative of the school and by the student or the student’s parent or guardian if he/she is a minor.

### Effective Date of Acceptance

I certify that I have read and understand the cancellation and refund policy and the complaint procedure; I have received a copy of the school catalog or brochure; and I am entitled to an exact copy of this Enrollment Agreement, school catalog, and any other papers I sign. I hereby agree to abide by the conditions set forth herein.

### Discontinued Programs

If the school discontinues instruction in any program after students enter training, including circumstances where the school changes its location, students must be notified in writing of such events and are entitled to a pro-rata refund of all tuition and fees paid unless comparable training is arranged for by the school and agreed upon, in writing, by the student. A written request for such a refund must be made within 90 days from the date the program was discontinued or relocated and the refund must be paid within 30 days after receipt of such a request.

### Termination by the School

A student who fails to maintain satisfactory progress, violates safety regulations, interferes with other students’ work, is disruptive, obscene, under the influence of alcohol or drugs, violates the intentions of the Yamas and Niyamas, or does not make timely tuition payments, is subject to immediate termination.

### Cancellation of Classes

The school reserves the right to cancel a starting class if the number of students enrolling is insufficient. Such a cancellation will be considered a rejection by the school and will entitle the student to a full refund of all money paid.

### Notice to Buyer

Do not sign this agreement before you read it or if it contains any blank spaces. This is a legal document. All pages of this agreement are binding. Read both sides of all pages before signing. You are entitled to an exact copy of the agreement, school catalog, and any other papers you may sign and are required to sign a statement acknowledging receipt of those.

### Cancellation of Contract

If you have not started training, you may cancel this contract by submitting written notice of such cancellation to the school at its address shown on the contract, which notice shall be submitted not later than midnight of the fifth business day (excluding Sundays and holidays) following your signing this contract or the written notice may be personally or otherwise delivered to the school within that time. In the event of a dispute over timely notice, the burden to prove service rests on the sender.

**Unfair Business Practices**

It is an unfair business practice for the school to sell, discount, or otherwise transfer this contract or promissory note without the signed written consent of the student or his/her parent or guardian if he/she is a minor and a written statement notifying all parties that the cancellation and refund policy continues to apply.

**Notice of Nondiscriminatory Policy as to Students**

Purna Yoga College values equality of opportunity, human dignity, racial, cultural and ethnic diversity both as an educational institution and as an employer. The College provides equal opportunity in education and employment and does not discriminate on the basis of race or ethnicity, creed, color, national origin, citizenship, sex, marital status, sexual orientation, gender identity, age, religion, disability, genetic information, or the presence of any sensory, mental, or physical disability or the use of a trained guide dog or service animal by a person with a disability, or veteran/military status in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

**Veterans Benefits Policy**

Selected programs of study at Purna Yoga College are approved by the Workforce Training and Education Coordinating Board's State Approving Agency (WTECB/SAA) for enrollment of those eligible to receive benefits under Title 38 and Title 10, USC.

Purna Yoga College does not and will not provide any commission, bonus, or other incentive payment based directly or indirectly on success in securing enrollment or financial aid to any persons or entities engaged in any student recruiting or admissions activities or in making decisions regarding the award of student financial assistance.

Student's Signature: _____ Date: _____
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As the authorized representative of the school, I hereby agree to the conditions set forth herein. Authorized School Representative: College Administrator Signature: _____ Date: _____
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This school is licensed under Chapter 28C.10 RCW. Inquiries, comments, or complaints regarding this or any other private vocational school may be made to the Workforce Training and Education Coordinating Board, 128 Tenth Avenue SW, PO Box 43105, Olympia, Washington 98504-3105 (360/753-5673). Nothing in the policy prevents the student from contacting the Workforce Board at 360-709-4600 at any time with a concern or complaint.



# NOTICE

## 500 Hour Level Purna Yoga Teacher Training

**2017-2018 Course: November 5-17, 2017, May 2018, November 2018**

### NOTICE

Washington law requires the following information to be supplied to each student enrolling in a private vocational school licensed under RCW 28C.10. One copy of this notice bearing original signatures must be attached by the school as an addenda to that individual's enrollment agreement and a copy must be provided to the enrollee by the school.

#### Acknowledgment by Enrollee

1. I understand and accept that any contract for training I enter into with the above named school contains legally binding obligations and responsibilities.
2. I understand and accept that repayment obligations will be placed upon me by any loans or other financing arrangements I enter into as a means to pay for my training.
3. I understand that any enrollment contract I enter into will not be binding or take effect for at least five days, excluding Sundays and holidays, following the last date such a contract is signed by the school and myself, provided that I have not entered classes sooner.

Print Name: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

#### Acknowledgment by School

Prior to being enrolled in this school, the applicant whose name and signature appears below has been made aware of the legal obligations he/she takes on by entering into a contract for training. Those discussions included cautions by the school about acquiring an excessive debt burden that might become difficult to repay given employment opportunities and average starting salaries in his/her chosen occupation.

Signed: \_\_\_\_\_

Title: \_\_\_\_\_ College Administrator

Date: \_\_\_\_\_



## PAYMENT OPTIONS FORM 500 Hour Level Purna Yoga Teacher Training

**2017-2018 Course: November 5-17, 2017, May 2018, November 2018**

### Select Tuition Rate:

**Purna Yoga Graduate Rate**  
**\$11,850** (enroll by 8/1/17)  
Deposit (due upon enrollment): \$500  
Tuition Balance: \$11,350

#### Select Payment Plan:

**3 Payments (CK or CC):**  
Due 10/15/2017: \$3,430  
Due 4/15/2018: \$3,950  
Due 10/15/2018: \$3,950

**13 Payments (to CC on file):**  
Due 10/15/2017: \$3,430  
Due 11/15/2017: \$ 660  
Due 12/15/2017: \$ 660  
Due 1/15/2018: \$ 660  
Due 2/15/2018: \$ 660  
Due 3/15/2018: \$ 660  
Due 4/15/2018: \$ 660  
Due 5/15/2018: \$ 660  
Due 6/15/2018: \$ 660  
Due 7/15/2018: \$ 660  
Due 8/15/2018: \$ 660  
Due 9/15/2018: \$ 660  
Due 10/15/2018: \$ 660

**Priority Rate**  
**\$12,600** (enroll by 8/1/17)  
Deposit (due upon enrollment): \$500  
Tuition Balance: \$12,100

#### Select Payment Plan:

**3 Payments (CK or CC)::**  
Due 10/15/2017: \$3,700  
Due 4/15/2018: \$4,200  
Due 10/15/2018: \$4,200

**13 Payments (to CC on file):**  
Due 10/15/2017: \$3,700  
Due 11/15/2017: \$ 700  
Due 12/15/2017: \$ 700  
Due 1/15/2018: \$ 700  
Due 2/15/2018: \$ 700  
Due 3/15/2018: \$ 700  
Due 4/15/2018: \$ 700  
Due 5/15/2018: \$ 700  
Due 6/15/2018: \$ 700  
Due 7/15/2018: \$ 700  
Due 8/15/2018: \$ 700  
Due 9/15/2018: \$ 700  
Due 10/15/2018: \$ 700

**Regular Rate**  
**\$14,850** (enroll by 10/15/17)  
Deposit (due upon enrollment): \$500  
Tuition Balance: \$14,350

#### Select Payment Plan:

**3 Payments (CK or CC):**  
Due 10/15/2017: \$4,450  
Due 4/15/2018: \$4,950  
Due 10/15/2018: \$4,950

**13 Payments (to CC on file):**  
Due 10/15/2017: \$4,450  
Due 11/15/2017: \$ 825  
Due 12/15/2017: \$ 825  
Due 1/15/2018: \$ 825  
Due 2/15/2018: \$ 825  
Due 3/15/2018: \$ 825  
Due 4/15/2018: \$ 825  
Due 5/15/2018: \$ 825  
Due 6/15/2018: \$ 825  
Due 7/15/2018: \$ 825  
Due 8/15/2018: \$ 825  
Due 9/15/2018: \$ 825  
Due 10/15/2018: \$ 825

I will pay in 3 payments and will send in a check by the due date, made out to Alive and Shine Center.

Please bill my credit card below (*you must select this option when choosing 13 Payments*):

#### Payment Authorization

*I hereby grant Alive & Shine Center, dba Purna Yoga College, to charge my credit card on the dates and for the amounts I have selected above.*

Credit Card#: \_\_\_\_\_ Expiration Date (MM/YY): \_\_\_\_\_ Security Code: \_\_\_\_\_

Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Signature: \_\_\_\_\_